

Healing Crisis

The body's cell repair process may raise reactions that some may have brief discomfort, collectively known as "healing crisis".

These reactions must have a reason behind it, so healing crisis appear with reason(s). The healing crisis also represents that the body's cells and the immune system is working, the body's self-healing mechanism is activated. End up with real recovery and healing, that's why it is also called the "recovery response".

These reactions vary from person to person and cannot be predicted. They usually occur at old wounds or impaired organs/systems of the body. There are five stages of Healing Crisis, some people may need to go through all stages in order to have a total recovery:

Honeymoon Period	The body nourished, functions improved, spiritual and physical strengthened
Detoxification Period	Improving metabolism and eliminate toxins from the body
Sore Period	Sufficient blood and qi circulation, trying to dredge the blocked blood vessels and meridians, causing soreness of those hidden old wounds that have not healed completely before
Burnout Period	Metabolism improved, active eliminating toxins from the body, feeling of lethargy
Regeneration Period	Regenerate new cells, physical and functional rebuilt, body resume fitness condition

Healing Crisis

With the aids of Lifewave patches to activate body cells, the following symptoms of healing crisis may occurs:

Symptoms/ Physical Condition	Underlying Causes	Body Responses to Lifewave Patches
Alopecia (hair loss)	-There must be a problem with the original hair	-Losing unhealthy hair and the newly regenerated hair will be thicker and healthier.
Folliculitis	-Usually appear on the body too -Too much protein intake	-The body accelerates the excretion of excessive oil and try to subside the inflammation -Sores appear on the head when the body try to eliminate the waste -Usually caking and drying up quickly
Dizziness, Headache, Sore of Limbs	-High Risk of Stroke -Lack of oxygen supply to brain -Stiffness and pain on neck and shoulder blade, poor blood and Qi circulation	-Dredging blood and Qi circulation, more oxygen flow to the brain leads to headache -Symptoms will be relieved within a few days as body will gradually get balance.
Itchy Scalp	-Too much junk food intake, waste and toxins try to eliminate through head sebum glands	-Less itchy once excessive waste and toxins eliminated
Eye: -Increased eye secretion, Red eyes (bloodshot), itching, astringent eyes	-Dry eye -Lacrimal gland obstruction -History of eye surgery	-Metabolism and cell regeneration activated, necrotic cells eliminated, all eye problems will be improved -Dredging of lacrimal gland enhance tear secretion to eliminate excessive waste -Eye problems will gradually improve, and the symptoms of discomfort will disappear naturally
Tinnitus	-Usually related to kidney problems -Tinnitus recurrence because of previous problem not yet fix completely	-During repairing of kidney problems, tinnitus may occur -Place the Lifewave patch on lower part of the body if necessary
Nasal: -Sneeze,Nasal bleeding, Odour smell of nasal secretion	-History of nasal cavity problems such as sinusitis -Accumulation of necrotic cells	-Nasal bleeding is common during the fixation of nasal problems by activating blood/Qi circulation and nerve cells

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Respiratory system discomfort: -Rash, erythema, itch on the chest -Tight chest, shortness of breath, cough, sore throat, sputum (yellowish),	-Too much chemical substances accumulated in respiratory system -History of respiratory system problem such as pneumonia, tuberculosis, etc.	-The patch activates the self-healing process, and toxins try to be excreted from the body indifferent ways, including: -sweat, skin, so rash and erythema -secretions such as sputum, spit out from the body with cough -Keep hydrate to assist in the elimination of toxins from the body
Toothache	-Incomplete recovery of previous dental wound -Necrotic cells intact	-Managing damaged tissue of oral cavity -Use together with Aeon patch for anti-inflammatory if necessary
Oral metallic taste	-Too much medicine intake -Too much functional supplement intake -Excessive chemicals in the body	-Excretion of heavy metals through saliva and urine -Change of urine colour, sometimes with strong smell
Palpitations, weakness of hands and feet, insomnia	Hormonal imbalance	-Use SP6 to improve hormonal balance and cellular mechanisms
Short term blood pressure and blood glucose level fluctuate	History of hypertension or hyperglycaemia	-Activated blood circulation enhance lipolysis of blood vessels which may form higher pressure of blood capillaries in short term -Elimination of residual sugar leads to short term hyperglycaemia -Will resume normal soon after excessive fat and sugar of body eliminated
Sleepy, thirsty, polyuria, gassy	Excessive meat intake	-Sleepy because the repair of organs and function need the aid of rest -symptoms will be relieved after using Lifewave patches for certain period

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Neck, shoulder, back Pain	-Obstruction of blood and Qi to the brain and trapped in the neck, shoulder blade and back area	-More blood and Qi flow to the shoulder blade, stiffness and sore may occur when body try to dredge the obstruction during the repair process -Elderly takes longer time to repair -Symptoms will be relieved after using X39 for certain period
Feeling hyperthermia and excessive perspiration	-Poor circulation in the past	-These symptoms are common after using Lifewave patches as both immune system and blood/ Qi circulation are activate, enhanced perspiration and feeling hot -Some people's skin feel warm due to the absorption of vibration of the patches -Perspiration enhance elimination of body waste and toxins -Symptoms will be subsided when the waste and toxins eliminated *Need adequate water intake
Joint and bone pain: -Shoulder pain, joint pain, skeletal pain such as fingers, lower back, knee, hamstrings, ankles, toes	-History of injury without complete recovery (example: pain on shoulder blade, joints, finger, lower back, knee...) -Joint calcification problem -Arthritis (included rheumatoid arthritis etc.) -Osteophyte -Some related to weather	-The patch activates more cells, brings more blood and water to repair the unhealed old wounds, dissolves calcium, turns it into water, and discharges from the body through urine, so it will be painful -Use together with Aeon/Icewave to if necessary as the process takes time -Pain will be relieved after using Lifewave patches for certain period
Hyperuricemia related joint pain	-Gout -High-purine diet	-It will be painful, swollen, and hot during repair process (refer to joint pain) -It takes time to cope with hyperuricemia and will recover gradually

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Cardiac: -Feeling of chest tightness, pale face, cold sweat, palpitation, chest tightness, angina, shoulder and back pain, dizziness, hypotension, fever	-Cardiovascular disease, Myocardial infarction or Patients with anxiety -Have digestive or kidney problems	-Body try to dredge the obstruction during repair process may leads to chest tightness -Use with Carnosine patch to strengthen cardiovascular endurance can improve cardiac condition
Numbness of Limbs	-History of injury -Heavy weight lifting for long time -Keep holding same posture for a long time -Wrong posture -Lower back or sciatica problems -History of stroke	-Numbness is a significant symptoms of nerves healing process after using Lifewave patches -Trigger finger, frozen shoulder will be relieved -Use with Energy Enhancer aids the process
Skin: -Red dot on the palms, fingers, and feet -Itchy skin	-Toxins accumulated in the body	-Lifewave patches activate detoxification through the skin -Peeling after rash appears for 1 to 2 weeks -Peeling is a sign of skin regeneration
Gastric Intestine (GI): -GI pain, cold sweat, pale face, -Diarrhea, headache constipation, bloating, flatulence, farting, vomiting, -Recurrence of acid reflux -Hematochezia (blood stool)	-History of operation, incomplete recovery -Too much medicine intake impair body's self-healing function -Excessive antacids intake developed body resistance -Hemorrhoids, polyp, tumors	-GI system improved, resume appetite, feeling hungry -Better bowel habit -Hematochezia may occur during detoxification -Intestinal condition getting healthy -Circulation and skin will improve
Liver: -Drowsiness, insomnia, itchy skin, abdominal pain, flatulence, vomiting	-Hepatitis, fatty liver or liver discomfort	-Body feels tired to enhance cells repairing during healing process -Rest enhances healing process Some organs (such as liver)

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Kidneys: -Waist pain, edema, fatigue, increased urination, vomiting, diarrhea, hypertension, lack of energy, hematuria	-Impaired kidney function -Kidney stone or bladder stone	-Patches activate the repair process of kidneys function, aiding the elimination of toxins -Body trying to loosen the stones and eliminate the stones through urination may prone to have hematuria -The body will activate the skin to aid the process of detoxification in order to reduce the work load of the kidneys
Bowel Movement: -Constipate/ Diarrhea	-Dehydration -Partial eclipse -Unhealthy intestines condition and bowel habit	-X39 and glutathione activate the process of body detoxification -Defecation is a route of detoxification -Ensure adequate water intake
Gynecological issues: -Urine cloudy, with bloodshot, odor smell -Dysmenorrhea -Urethritis -Increase leukorrhoea and vaginal discharge -Pruritus vulvae	-Menstrual disorder -History of operation -Poor blood circulation, blood clots due to menstrual disorder	-Relief Inflammatory problems of Gynecology through urination and excretion of vaginal discharge -Odor smell of urine and menses indicated there are necrotic cells, especially women during menopause -X39 aids the elimination of necrotic cells and toxin -Use with Glutathione patch to aid the detoxification if necessary
Menopause Reverse: Women -Menstruation restart -Regain sex interest Men -Increase libido, sexuality and erectile	Reproduction and sexual function declining	Lifewave patch helps to activate body's regeneration, regulate hormones, and keep the body function likes at young age.